



RESEARCH PAPER

Effect of tender mango leaves (Masala mix) on type 2 diabetics

■ T. GAYATRI AND A. JYOTHI

See end of the paper for authors' affiliation

Correspondence to :

T. GAYATRI
Department of Home Science,
Sri Padmavathi Mahila
Vishvavidyalayam, TIRUPATI
(A.P.) INDIA

ABSTRACT : Present study was conducted on 20 NIDDM subjects above 40 years from tirupati area. The data relating to study was collected using questionnaire. In this study effectiveness of *Mangifera Indica* (tender mango leaves) along with other beneficial spices ways analyzed on 20 NIDDM subjects, the product was supplemented for 60 days as a part of their daily diet. It proved to be highly beneficial owing to the phytochemicals present in the masala mix. The product resulted as a very useful functional food for daily use in controlling NIDDM.

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